

* Family Swim Fees:

Residents drop-in rate:
\$5 child / \$6 adult

Non-Residents drop-in rate:
\$9 child / \$10 adult

Any person entering the pool MUST pay the appropriate drop in fees even if not swimming.

POOL SCHEDULE:

September 9-October 19



987 Civic Center Dr Niles, IL 60714
847-588-8400
www.nilesfitness.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAP SWIM 7:00-8:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 7:00-7:55 AM
<u>AQUACISE</u> 9:00-9:50 AM	Adult Open Swim 8:00-8:30AM	<u>AQUACISE</u> 8:00-8:50 AM	Adult Open Swim 8:00-8:45 AM	<u>AQUACISE</u> 8:00-8:50 AM	Adult Open Swim 8:00-8:45AM	<u>AQUACISE</u> 8:00-8:50 AM
Adult Open Swim & Private Swim Lessons 10:00-12:00	<u>AQUACISE</u> 8:45-9:35 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	Group Lessons (Pool Closed) 9:00-11:35
Birthday Party 12:00-2:45 PM	<u>AQUACISE</u> 9:50-10:40 AM	Aqua for Health Fee Required* 10:05-10:50am (9/10-10/15)	<u>AQUACISE</u> 10:10-11:00 AM	Aqua for Health Fee Required* 10:05-10:50am (9/12-10/17)	<u>AQUACISE</u> 10:10-11:00 AM	Private Lessons (Pool Closed) 11:35-12:30 PM
Family Swim 12:00-2:45 PM	LAP SWIM 10:45 -1:00 PM	Adult Open Swim 11:00-1:00PM	Aqua Fusion Fee Required 11:05-11:50 (9/11-10/16)	Adult Open Swim 11:00-1:00 PM	LAP SWIM 11:15- 1:00 PM	Birthday Party 12:00-3:45 PM
LAP SWIM 3:00-3:45 PM	Adult Open Swim 1:00-4:00PM	LAP SWIM 1:00-4:45PM	LAP SWIM 12:00-2:00PM	Adult Open Swim 11:00-1:00 PM	Adult Open Swim 1:00- 4:00 PM	*Family Swim 12:30-3:45 PM
ALL PERSONS IN POOL AREA MUST WEAR AN APPROVED SWIM SUIT WITH A LINER	Private Lessons (Pool Closed) 4:00 - 6:00	Group Lessons (Pool Closed) 5:00-7:00pm	Adult Open Swim 2:00-4:45 PM	LAP SWIM 1:00-4:15 PM	* Family Swim 4:00-7:45	
	<u>AQUACISE</u> 6:05-6:55 PM	Varsity Club 7-8:15 PM	Group Lessons (Pool Closed) 5:00-7:00pm	SWIM CLUB 4:30 - 5:45 PM		
	<u>AQUA TABATA</u> *Fee Required 7:05-7:50 (9/9-10/16)	LAP SWIM 8:15-9:15PM	Group Lessons (Pool Closed) 5:00-7:00pm	<u>AQUACISE</u> 6:00-6:50 PM	Varsity Club 7-8:15 PM	
	LAP SWIM 8:00-9:15		Varsity Club 7-8:15 PM	<u>AQUACISE</u> 7:00-7:50 PM	LAP SWIM 8:15-9:15 PM	
			8:10-9:30 PM Pool and Hot Tub Closed for staff training and Hot Tub cleaning			