* Family Swim Fees:

Residents drop-in rate: \$5 child / \$6 adult

Non-Residents drop—in rate: \$9 child / \$10 adult

Any person entering the pool MUST pay the appropriate drop in fees even if not swimming.

POOL SCHEDULE:

January 5- February 18



987 Civic Center Dr Niles, II 60714 847-588-8400 www.nilesfitness.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAP SWIM 7:00-8:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 5:30-7:45 AM	LAP SWIM 5:30-8:00 AM	LAP SWIM 7:00-7:55 AM
<u>AQUACISE</u> 9:00-9:50 AM	Adult Open Swim 8:00-8:30AM	<u>AQUACISE</u> 8:00-8:50 AM	Adult Open Swim 8:00-8:45 AM	<u>AQUACISE</u> 8:00-8:50 AM	Adult Open Swim 8:00-8:45AM	<u>AQUACISE</u> 8:00-8:50 AM
Adult Open Swim & Private Swim Lessons	<u>AQUACISE</u> 8:45-9:35 AM	<u>AQUACISE</u> 9:00-9:50 AM	AQUACISE 9:00-9:50 AM AQUACISE	<u>AQUACISE</u> 9:00-9:50 AM	<u>AQUACISE</u> 9:00-9:50 AM	Group Lessons (Pool Closed)
	<u>AQUACISE</u> 9:50-10:40 AM	Aqua for Health Fee Required*	10:10-11:00 AM	Aqua for Health Fee Required*	AQUACISE	9:00-11:35 Private Lessons
10:00-12:00 Birthday Party	LAP SWIM 10:45 -1:00 PM	10:05-10:50am (1/7-2/11)	Aqua Fusion Fee Required* 11:05-11:50	10:05-10:50am (1/9-2/13)	10:10-11:00 AM LAP SWIM	(Pool Closed) 11:35-12:30 PM
12:00-2:45 PM	Adult Open Swim 1:00-5:50PM	Adult Open Swim 11:00-1:00PM	(1/8-2/12) LAP SWIM	Adult Open Swim 11:00-1:00 PM	11:15– 1:00 PM	Birthday Party 12:00-3:45 PM
*Family Swim 12:00-2:45 PM		LAP SWIM 1:00-4:45PM	12:00-2:00PM Adult Open Swim	LAP SWIM 1:00-4:15 PM	Adult Open Swim 1:00- 4:00 PM	*Family Swim
LAP SWIM 3:00-3:45 PM	<u>AQUACISE</u> 6:05-6:55 PM	Group Lessons (Pool Closed)	2:00-4:45 PM Group Lessons	SWIM CLUB	* Family Swim 4:00-7:45	12:30-3:45 PM
	AQUA TABATA *Fee Required	5:00-7:00pm	(Pool Closed) 5:00-7:00pm	4:30 - 5:45 PM		
ALL PERSONS IN POOL AREA MUST WEAR AN APPROVED SWIM SUIT WITH A LINER	7:05-7:50 (1/6-2/12)	VARSITY CLUB 7-8:15 PM	<u>AQUACISE</u> 7:00-7:50 PM	<u>AQUACISE</u> 6:00-6:50 PM		
	LAP SWIM 8:00-9:15	LAP SWIM 8:15-9:15PM	8:10-9:30 PM Pool and Hot Tub Closed for staff train-	.VARSITY CLUB 7-8:15 PM		
			ing and Hot Tub cleaning	LAP SWIM 8:15-9:15 PM		